

Overview:

For the past 16 years the Scouts Battalion of the Estonian Defence Forces has organised a military-style endurance march called Scoutsrännak that was originally launched to celebrate the spirit of cooperation among Estonia's uniformed services. This year's event (20.03.2020) was firstly postponed due to COVID-19, but after the situation has recovered, we will organize an event in autumn. Event is dedicated to the 19th anniversary of the re-establishment of the Scouts Battalion (29 March 2001) and it will offer an opportunity to explore the territory and the surrounding areas of the Central Training Area of the Estonian Defence Forces, vicinity of North-Kõrvemaa Nature Reserve.

The Scoutsrännak endurance march welcomes participants from all uniformed services (e.g. Estonian Defence Forces, Estonian Defence League, Police and Border Guard Board, Estonian Rescue Board and the Tax and Customs Board) as well as civilians, regardless of their age, rank or gender. This year's Scoutsrännak route is approximately 30 km long and the participants are given 8 hours to complete it. Each participant is free to choose their pace and preferred mode of marching.

Event Schedule:

This year's event will take place on **Friday, 11 September 2020** from **10.00 to 18.00** at the Central Training Area of the Estonian Defence Forces in **Läsna village, Kadrina parish, Harju County**.

Participants are expected to arrive at the Läsna Campus no later than 09.30

08.00 – 09.30 – arrival at Läsna Campus, check-in, roll call, weighing of rucksacks

10.00 – mass start

10.00 – 18.00 – group march along the „Scoutsrännak 2020“ route

13.00 – 18.00 – finish and weighing of rucksacks, award ceremony, catering

Registration:

All participants **MUST** pre-register: scoutsrannak@mil.ee.

Please include your first name, surname and organisation in your registration e-mail.

The maximum number of participants is 1,700. Once registrations reach this limit, the public will be notified online at <https://mil.ee/uksused/maavagi/1-jalavaebrigaad/scoutspataljon/#t-scoutsrannak> otherwise the final deadline for registration is **4 September 2020**.



"SCOUTSRÄNNAK 2020" GUIDELINES

EQUIPMENT

Uniform No 1

1. field/combat uniform of the Estonian Defence Forces (EDF) or other organisation
2. boots
3. rucksack (**ONLY RUCKSACKS are accounted for in this category, i.e. participants wearing combat vests, webbing, etc will be automatically categorised as wearing Uniform No 2**)
4. service weapon (**automatic**) + 1 magazine without ammunition.

At the end of the march, the rucksacks are weighed and the weight of the rucksack must be at least 10 kg (at the time of weighing, the weapon and the magazine must not be attached to the rucksack). When packing the rucksack, make sure that the food and water packed in the bag at the beginning of the journey are not between 10 kg during the initial weighing. If necessary, sandbags shall be added for additional weight before the start of the march.

NB! Service weapons must be carried in hand or slung around the neck; it is PROHIBITED to carry service weapons in the rucksacks. It is also prohibited to disassemble weapons and carry them in the rucksacks. Imitation weapons are prohibited.

Uniform No 2

1. uniform of choice
2. footwear of choice
3. rucksack, webbing, combat vest

At the end of the march, the rucksacks are weighed and the weight of the rucksack must be at least 15 kg. When packing the rucksack, make sure that the food and water packed in the bag at the beginning of the journey are not between 15 kg during the initial weighing. If necessary, add weight with sandbags before the start.

NB! Before the start, the participants must weigh their rucksacks themselves and the organisers will weigh the rucksacks at the finish. Participants whose rucksacks are below the designated standard load will be disqualified (i.e. their names will not be included in the final rankings; however they will retain the joy they gained from taking part in this event).

Route Overview

The Scoutsrännak 2020 route will take the participants through the varied landscape of the Central Training Area of the Estonian Defence Forces and the surrounding natural sights, incl. North-Kõrvemaa Nature Reserve. Please take note that during autumn-time the roads and paths may be wet, muddy and slippery, and Valgejõgi river might be overflowing. The main part of the march route runs along secondary roads, and therefore the risk of traffic hazards is minimal. There will also be no obstacles nor counter-activities along the route. The route will be marked with tape and there will be a distance marker at each checkpoint with a map indicating the current location. In addition, the event staff will stand ready with directions at all intersections along the route. Participants are prohibited from using shortcuts that fall outside the designated march route; failure to comply with this rule will lead to disqualification.

Security

All major intersections shall be secured. Mobile medical units will be available along the route to provide first aid and if necessary, evacuate participants who have been injured or fallen ill. They will be transported to the closest security checkpoint or to the Tapa Medical Centre of the 1st Infantry Brigade's Combat Service Support Battalion. Security vehicles will stand ready to pick up and transport participants who have decided to quit the race, or have been injured or fallen ill. Throughout the event, participants may seek help from mobile medical units or security personnel positioned at the checkpoints.

Start and Finish

Upon arrival, all participants must check in at the registration tent. After checking in and weighing their rucksacks, participants must proceed to the designated waiting area to stand by for the mass start. After their rucksacks have been weighed, the participants are not allowed to leave the waiting area without good reason! The start signal will be given from an armoured vehicle. The finish is at the secretariat tent where finishing time will be recorded and equipment weighed once more. Sauna and showers will also be available after finishing the march. For further information, please consult with the staff on site.

Catering

Along the route, participants will be treated to warm blueberry soup **free of charge**. Water and tea will also be available **free of charge** at checkpoints and at the finish. After finishing the march, participants can enjoy some hot soup and pie **free of charge** at the Läsna Campus.

Prizes

Participants shall be divided into two categories. The first category shall include all participants who completed the march wearing **Uniform No 1**. The second category shall include all participants who completed the march wearing **Uniform No 2**.

All participants, **regardless of category**, who complete the march under 8 hours will receive a certificate immediately upon finishing. The top three men and top three women **in the first category** will be awarded a trophy immediately upon finishing.

The top 100 finishers **in the first category**, the top three women among participants included **in the first category** (if they do not finish among the top 100), as well as the top three men and top three women **in the second category** will receive a t-shirt carrying the Scouts Battalion emblem. All **first category** participants who manage to complete the march under 4 hours and 30 minutes will receive a commemorative medal, whereas **second category** participants will only receive a medal if they complete the march under 4 hours. In the new class, the Defense Forces championship will take place in team competition within the framework of Scoutsännak, for which a separate guide will be issued by the General Staff of the Defense Forces.

Prizes:

- top three men in Uniform No 1
- top three women in Uniform No 1
- first man and first woman in Uniform No 2
- consolation prize for the last finisher
- Defence Force championship in the team

Sponsors (prizes): AS GALVI-LINDA, GLADIUS GRUPP OÜ, FOXBERG, STILLABUNT OÜ, EUROSEC, REORG OÜ, MJVentilatsioon OÜ, PROFLINE AS, AS LeVa.

Scouts Battalion Charity Work

Both in the start and finish areas, it will be possible to make donations and/or purchase the Scouts Battalion calendar to benefit injured service members – all proceeds will go to the Estonian Association of Wounded Warriors.

Final Remarks

There will be no final line-up or ceremony at the completion of the event. After washing up and enjoying some warm soup, participants are free to leave the Läsna campus independently.

Good luck and have a great time at the march!